

CARRY YOUR GAS MASK  
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Everyone should carry his Gas Mask, just as the Civil Defence Services do. They are under strict orders, and always carry them.

How many of you carry your Gas Masks ? Yet civilians are just as much in danger of a gas attack as the Services - and they should take the same precautions. You should have your Gas Mask with you always.

Your Mask is of the greatest importance to you, so have it tested regularly by the Warden. Learn to put it on quickly too - it can be adjusted in a matter of seconds.

If you wear spectacles, take them off first.

If you're wearing a hat, take it off calmly but quickly. Always hold your breath so that you don't take gas into your lungs.

Take your gas mask by the side straps....

Push your chin forward into it....

Pull the straps over the head as far as possible.....

And run your fingers along the rubber part....

Learn to wear it ~~at~~ for 20 minutes at a time.

There is no need to be worried by the possibility of a gas attack - PROVIDED YOU ARE READY WHEN IT HAPPENS - but keep your mask handy.

Attacks from the air are swift..... So be quick in getting your masks and putting them on - but KEEP COOL...and you'll be safe.

Your Gas Mask will adequately protect you against any gas that attacks the face and lungs.

If you are out in the street when the warning rattle goes, put on your gas mask.....

....and GET UNDER COVER.

Wherever you go, have your Gas Mask with you ALWAYS.

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