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BRITISH PARAMOUNT NEWS DOPE SHEET.
TRAINING OF VOLUNTEERS.
THE ART OF FALLING.

Physical fitness, intelligence, initiative and character are the essentials for a parachutist and in this country, there has never been any shortage of volunteers.

The man wishing to become a parachutist has to be very carefully 'vetted' before he is selected for training. The qualities required are not confined to physical fitness, a good build and an ability to take knocks; in addition, the man must show intelligence, individual initiative and character. His work may often be of an independent nature when he has to make decisions for himself.

The only object in dropping a man by parachute from an aeroplane is to place him in the most suitable position to do his work. His work there is what matters and his preparation for this work takes up most of his training time.

Physical training is the first essential and this training is rigorous. It is not safe for a normal individual, however fit, hard and enthusiastic, to do drops without this special preparation. All the normal work found in Army physical training is done, with special emphasis on exercises which need dash and boldness, to cultivate aptitude for rough and tumble.

The actual landing force of a parachutist is equal to a jump from ten feet wall. This is a great deal bigger than it sounds and it is some time before a man works up to a practice jump from this height. The art of falling correctly does not come naturally. There is always a tendency to break the fall by extending the arms and legs to take the main shock. This makes for many broken limbs. The art of rolling backwards and forwards is studied and practised, and given good conditions a trained man need have no fear of twists and sprains. Jumps are made from increasing heights until the training is completed.

The parachutists must be experts on their own parachute equipment, on its fitting, adjustment and operation. A badly fitting harness may cause ~~injury~~ injury when the parachute opens. He must be able to release himself from it quickly and learn how it may best be concealed.

He must also be able to operate his parachute in the air. He can to some extent direct it and he can prevent it from swinging in a gusty wind. This needs skill and practice and the elementary stages are done in a hangar, the pupil swinging from beams and going through the motions under the eye of an instructor.

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The initial stages of dropping from the air are done from a balloon but before this the pupil must practice jumping from a dummy fuselage which is set up in a hangar. By this means the "team" learns to make its exit as quickly as possible and with as small an interval as possible. The process is not entirely simple and it is essential to get the "Drill" right before using real aircraft.

The remainder of the training is largely the drill of entering the aircraft, taking up positions, acting on signals, and the packing and unpacking of containers. But the essence of success is to make a good and safe landing so as to be able to operate afterwards. This based on good physical training and jumping practice.

NUMBER

1.

CAMERAMAN'S CAPTION SHEET

DATE MAILED

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BRITISH PARAMOUNT NEWS DEPT. **May 7th. 1941.**

SCHOOL ROAD, LONDON, N.W.10

MAURICE FORD.

MUTE

CAMERAMAN

PARACUTE STORY.

SOUNDMAN

STORY COVERED:

LETCHEWORTH

LENGTH EXPOSED

PLACE OF EVENT:

SUPER 8X AND REEL 1.

HOW SHIPPED

125431.

STOCK USED

EMULSION NO.

COVERED BY **1.**
BRITISH PARAMOUNT NEWS

VERY IMPORTANT! WRITE PLAINLY—SPELL NAMES CORRECTLY—USE TYPEWRITER IF POSSIBLE

SCENE NUMBER	COMPLETE DESCRIPTION OF SCENES	FOOTAGE IND.	CAMERA SPEED	LIGHT COND.	LENS USED
1.	L.S. of the interior of Mr. Irvings office showing him getting up and walking over to his camera speaking position.				
2.	Close up of Irving. Shot of Irving at his desk.				
3.	Low angle of a German Paratroop canteen being put on				
4.	Various shots of the canteen and the clips				
5.	Various shots of the entire rigout.				
6.	Low angle of an Italian canteen being put on and the buckles and things being fixed. Various shots of the pullecord being ripped open close up of the canteen falling out.				
7.	Close up of the wording in Italian showing the pullecord.				
8.	Medium shot of the entire rigout. Medium shot of Irving picking up a German Paratroop canteen. Low angle of same.				

WHICH OTHER SOUND NEWS REELS COVERED STORY

Exclusive.

.. .. SILENT

INSTRUCTIONS: GIVE FULL DESCRIPTIONS OF EACH SCENE AND ALL HISTORICAL AND STATISTICAL FACTS POSSIBLE. SHIP ALL FILM PARCEL POST, SPECIAL DELIVERY TO ABOVE ADDRESS. SEND THE PINK ORIGINAL OF THIS FORM WITH NEWSPAPER CLIPPINGS BY SPECIAL DELIVERY MAIL. PLACE DUPLICATE IN CAN CONTAINING NEGATIVE.