

After Nigeria's tropical heat, the Duke of Edinburgh must have shivered as he watched runners stripping down in Windsor Great Park.

The Duke was the official starter for the Southern Counties Senior Cross-Country Championships - and around five hundred braved the sub-Arctic weather to compete - over a bone-hard nine-mile course. Throughout the race, Ken Norris was in the leading flight, with his great rival, Peter Driver, glued to his elbow - hoping to use his superior finishing-speed.

And ^{just} that's what happened. Peter Driver came away in the last furlong to win by three seconds.

Final result - Driver first, Norris second and O'Gorman third, with team honours for Thames Valley Harriers. ^{Down}

Athletes were again in the news when a British team left for Trinidad, to compete in the Southern Games. Among the party were Peter Driver...and Brian Hewson.

And ~~our~~ ^{will} our cameraman keep you posted on British hopes for the coming Olympics..

Now a change of sport, the world ice-skating championships, in West Germany. Here's the Canadian pair, Norris Bowden and Frances Dafoe - who were defending their title.

A great exhibition: but despite ~~many~~ ^s protests, the title went to an Austrian pair, SCHWARZ and Oppelt. ~~British~~ British skaters filled the first three places in the ice-dancing event, with Paul Thomas and Pamela Weight winning the world title.