At Guaracara Park, Trinidad, a colourful parade launched the Southern Games, was Athletes from various parts of the West Indies, ready to face the first challenge of a strong British contingent.

Led by Ken Wilmshurst - who won the hop, step and jamp.

Here's Willie Gittens of the Windward Islands winning the high jump.

In the Pole Vault, Geoff Elliott set up a new Trinidad record with 12 ft. ½ inch.

Old friendships were renewed with MacDonald Bailey (for many years our champion sprinter).

The tug-o'-war brings light relief from two teams of heavyweights. The hero of the team was Brian Hewson, who had a badly-cut heel specially taped-up, to enable him to compete in the 800 metres. Thrunk Bunning against competitors from Trinided, British Guiana, Jamaica and the Windward Islands - Hewson soon took the lead.

and though excited Jamaicans were urging on their champion, M. Spence he couldn't match Hewson's finishing burst - which carried him to
victory in 1 minute 51.4 seconds.

Brian looks happy, and no wonder, for despite his handicap, he had water clipped three seconds off the Trinidad All-Comers Record. An auspicious start to Olympic year...