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HOLDEN HEATS EUROPE'S HEST IN DUTCH MARATHON

Sixty-eight orack European runners head out from the sportspark in Enschede, Helland, on a testing 42-kilometre marathon. Before the start each competitor had a health check - testifying to the gruelling conditions of the long race. Almost from the start, the Prench competitors take the load, but Paris reilumyman Josset, No. 62, is soon challenged by Britain's Jack Holden. The 38-year-eld Tipton Harriers veteran streaks to the front with astemishing case. Nearing the stadium for the post, he even finds the energy for a last-minute spurt, that makes him a clear winner.

It's good to hear of another British sporting triumph.