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RAISING AIRMEN'S FITNESS

It's "back to school" for Britain's airmen and airwomen. At Cosford, Salop, the R.A.F. school of Physical Training holds "open house" to let "other types" look in on the 'leggiest' show of the year. Devoted to physical fitness, it's a school devoted also to abbreviations. Officially, it's designed to train P.F.O's and P.T.I's for the R.A.F. and W.R.A.F. in the U.K. and B.A.F.O. In short, it trains physical instructors to keep the air force on its T.O.E.S.

Here's a speciality reserved for flying types. Its purpose - to teach them a sense of balance. During the war many famous sportsmen - including Freddie Mills and Raich Carter - were at Cosford. It's among enthusiasts like these, that Britain will find its champions of tomorrow.