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TUNING UP

Germany's best gymnasts are tuning up for the Olympics at Helsinki. This is Helmut Bantz.

Adelbert Dickhut is considered Germany's No. 1. Only another gymnast can appreciate the perfection of performances such as these.

And this is Hans Kiefer, a wizard on the horizontal bar. The test in this and all similar exercises is smoothness of execution. Now watch how Hans does the 'cross-hands' bit. If you get it wrong you get into one Helsinki of a mess!

Near Nottingham, Roy Ankarah is also tuning up ... for the final eliminator for a crack at the world featherweight title. With Mrs. Ankarah watching, the Black Flash, who holds the Empire title, is training for his fight with Ray Farnochon which Reg King will stage at the Notts County ground. The Black Flash just loves a fight so it ought to be a grand scrap.