

We're near the finish at Caterham and here comes Don Wilson to win the first day's run for Yorkshire. Don knows it doesn't count unless it's on the line - he's a sales representative

Hastings

Salute the old timers of the Veteran Car Club! They're a bit late to scare off William the Conqueror but they're doing their best to give Hastings a thrill.

This youngster's got the jitters - he's only 42 years old: a 1910 Wolseley. We laugh at the veterans, but the really funny thing about them is that they run as well today as they ever did, and they don't like to be called Old Creeks.

White City

Her Majesty makes it a royal occasion for the Three A's championships at the White City. With her meeting the athletes is Princess Margaret; and packed round the huge stadium are 50,000 enthusiasts. The starter gets them away for the half-mile final. In the field of six is our Olympic 1500 metres hope, Roger Bannister, lying second to Gurney the Cambridge Blue. With 300 yards to go Bannister begins his challenge and it's all over. Just watch his sprint home alone!

Nice work, Roger. Now let's take a look at the quarter-mile. Arthur Wint is on an inside lane. Here he comes with his long stride.

Just look at that stride as the half-mile record holder opens up to sweep easily into the lead.

Now it's Macdonald Bailey in the hundred yards final, the first leg of the usual Bailey double. Trouble about this race is almost before you can say what it's all about they're near the finish and there's only just time to say that Macdonald Bailey wins by three yards!

From high over the stadium the Queen watches the mile final in which we're watching Bill Nankeville. He looks boxed in fourth here as Landy of Australia sprints for the lead ... but he's let Nankeville out and now Bill's beginning his challenge. Just watch him streak through his field.

A grand afternoon's sport, thanks to our champions like Bill Nankeville and the others who all seemed to pull out a little extra for the occasion.