Prince Philip go to set for another one, and a tricky off-break bowls the Duke of Norfelk.

The Earl Marshel congratulates Prince Philip - I'll bet he's planning revenge. With 205 to get for victory, the Duke of Edinburgh's team goes in to bat.

Wickets start to fall, so in comes the captain to lend a hand.

The duke of Nerfolk puts left hander Jim Wood on to bowl.

Now for a change of bowling, the Duke of Norfolk to Prince Philip who adds a few more runs to bring his total to 18, a find effort against some aggressive bowling.

The duke of Norfolk again - but the ball just fails to knock the bails off!!

George Cox to Prince Philip - and he's bowled him!

A great reception greets the Duke who put up a really sporting fight.

Finally victory goes to his rivals by only 8 runs. A few days before,

Cowdray Park saw the sporting Duke in action again, in the pole field. And
there wasn't a keener or more vigorous player on the field.

His pony stumbles and the Duke falls! But he's soon on his feet again and ready for more. Experts say that, if only he could get more practise, Prince Philip would rank among to top players. British sportsmen owe a great deal to the Duke of Edinburgh who is giving a lead to Britain's youth on the sports world. Watch his dash and anthusiasm as he chalks up one of the goals that gives his Cowdray Park team a sound win over their opponents.

On now to Gows, mecca of the world's yachtsmen - and that includes the sperting Duke again. For, if polo is his favourite spert, yachting is a close rival. Nearly 400 craft are taking part in the races, the Duke's yacht Coweslip among them. During Cowes week, the Buke is staying aboard the 70 ft. mptor yacht, Fairwood.

The crowded passenger boat Vecta takes holidaymakers across the Solent

passing by "Lumberjack", owned by Max Aithen, Lord Beaverbrook's son.

Max Aithen is at the wheel of Lumberjack as the erew begin to hoist sail.

Slowly Lumberjack gets under way although there is hardly a breath of wind. From the Royal Yacht Squadron Headquarters old hands watch the craft move towards the starting line. Now the cannon fires, and the races begin.

The Duke of Minburgh arrives too late to take part in the races, but Geweslip, and Bluebettle, which he owns with the Queen, are both at sea under different masters. Six different countries are represented at this most picturesque of English regattas.

Athletics draws the growds to the White City where a team from Great Britain is matched against some champions from France. High spot of the meeting which is arranged by the British Amateur Beard is the men's 880 yards. Roger Bammister is number one. Brian Hewson is number three. All eyes watch Bammister, the 23 year old medical student, with a scientific approach to athletics. He's lying third at the moment - his challenge is yet to come. Now Bammister opens up and passes El Mabrouk. But keep an eye on 20 year old Brian Hewson. He's taking second place - but he hasn't a hope of catching Bammister whose long logs are taking him way out in front. Just watch the perfect style and rhythm that makes him our number one athlete.

One minute, 50. 7 seconds - that's Bannister's winning time that sets a new match record. Frenchman El Mabrouk, who finished third, collapses with stomach cramp. Bennister, who is the first to give him help, won't be running any more this year. He faces important exams next month - so swotting is the order from now on for Britain's most Brilliant athlete.