CHRISTIAS DOUD UP.

Every year, just before Christmas, Southend-com-Sea gives a slap-up dinner to a thousand of the borough's old people their ages range from 78 to 101, and they certainly know how to enjoy thouselves. After all, they've had long enough to learn! Some of them weren't born when this annual event started - this year's dinner is the 81st.

home - but what would a party be without a nice glass of stout?

From the old folk of Southers, over to some youngsters who deserve all our sympathy and help - spastic children at Craig-y-Pero School in Wales. Even if they can't run around like most children, Santa Claus hasn't furgotten them. He turns up with his alodge his subjection; the lot - thefully laden.

Craig-y-Fare is one of three schools set up by the National Spastics Society during the past year to provide education and treatment for badly handicapped spastic children between the ages of 5 and 16. It accommodates 35 children at present, doing everything penalthe to help them live normal lives - and what's a normal life without a real good Christmas?

Still in Wales, at a toy factory in Swanses. This factory heard of the bad luck of children whose father lost their jobs when the local pit closed. Christmas didn't look too promising for them - so to cheer them up they were all invited for a trip around the toy works.

There are fancy hats for everyone, tea and cakes all round, and a ceach trip both ways - but what really gets them is the might of all these wonderful toys actually being made! Perhaps one or two had the idea they grow on Christmas trees.

Brusyene one of the guests has a present - though some of these ideas may be laying up trouble for future husbands!

Come along, hurry up - it's nearly Christmas, and they'll all be needed.

It's no good, son, you'll never get away with it!