

SPORTS

DONALDSON -- Aarseth

Who says swimming's a summertime sport? Not the Montreal Polar Bear Club! And that goes for the so-called weaker sex, too!

After sweating it out for half an hour in a one hundred and ninety degree steam bath, the parboiled polar bears are ready to try the water. "Ladies, first" -- of course -- as the swimmers skip through the sub-zero cold for a dip in the old swimmin' hole -- chopped through the ice of the St. Lawrence River.

It's tougher to be looking at, than joining in, the frigid frolics.

B-B-B-Baby it's e-e-e-cold outside!

The Polar Bears say it relaxes the muscles -- a sort of short cut to rigor mortis. And when they're stiff -- back to the old steam bath!