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EXHIBITION NEWS:

Whichever way you look at it, the Food and Catering Exhibition in Manchester makes this cookery business look dead easy - and though some people say it's all baloney, others say telling margarine from butter is dead easy. Or is it?

Enough apples here to keep all doctors away in the National Health Service - or would you rather have a sandwich? Guaranteed untouched by 'uman 'and.

The Navy has an exhibit of ship's rations through the ages - though some things have to be left out, for obvious reasons. In the 16th century, this was one man's ration - two pounds of salt beef - and when that had taken the edge off his appetite, he could fill in the odd corners with a tasty biscuit.

Hence the expression "Heart of Oak".

Over to South Africa - though it's hard to believe that's where we are - for there's a genuine London bus coming down the street - not to mention a squad of London bobbies. The occasion is Johannesburg's Two-Way Trade Week, designed to boost trade between South Africa and the United Kingdom - and to make the people of Jo'Burg realise how big, and how important to both countries, that exchange already is.

Miss South Africa - suitably escorted.

The products of Britain's vital motor industry are well represented in a procession that takes three-quarters of an hour to pass. Other floats remind us that it was the early settlers who laid the foundation of this two-way trade. Altogether, one of the most spectacular pageants Johannesburg has seen.