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THE BIG PULL.

Did you know there was a Tug-of-War Association - and that they hold National Championships? Actually this is only their second year, but already they're quite a weighty influence. Sixty teams have come to Peterborough for this year's big pull - and they add up to nearly forty tons of factory workers, young farmers, and - of course, policemen. And why do they do it? Because they enjoy it.

Aylesford Paper Mills lose to New Haw and Woodham in the Catchweight semi-finals - where the sky's the limit for weight. Open classes have weight limits - here's the Outwood Club doing its stuff in the 104-stone event.

And now the Catchweight final - New Haw putting the 'fluence on Bosley.

Do you know how New Haw achieve this winning form? By training through the winter on the banks of Basingstoke Canal in the light of a hurricane lamp, and finishing up with a plunge in the Canal. You should try it sometime. It's ever so bracing.