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(4).

TITLE. : WOMEN'S MARATHON SWIM

Picture. :- Here they are -- all well greased ready for the world's championship marathon swim.

Thirty two line up, and at the signal hit the water as one. It's a terrific test of endurance, is this ten mile race -- you must remember that they are going "all out" all the way, with little hope of knowing the whereabouts of the other competitors.

Margaret Ravior, an American competitor, leads most of the way from the start --

--and is three minutes ahead of the next best towards the end.

^{shows} The finish ! Miss Ravior completes the ten miles in 51 minutes 39 1/5 seconds. She gasps "I'm dead -- but it's alright" as she climbs on to the float.

A tough struggle -- but it was worth the thousand pound prize she gets in addition to the championship title.

(5).

TITLE. : WHOLESALE DIPS.

Picture. :- No nation on earth pays more attention to the physical well-being of its school children than does Japan. The youngsters are quite serious about it too -- this little chap looks as though he just couldn't smile.

After drill comes the best part of all -- community bathing. The children are marshalled into school groups, and then down a specially constructed gangway straight into the sea --

--where the mass gradually spreads out like the unfolding of a fan, as they wade out and out to the limit of the safety zone.

They are then left entirely to their own devices for a time.

Non swimmers have no fear under these conditions -- they're so close together one wouldn't have to call for help.