Picture.: - Whatever the weather, racehorses must have exercise. Here's how one trainer solves the problem of what to do when the ground is hard with frost. * It's quite a novel sight to see --

--animals who are destined to give us a run for our money - if nothing else - taking a stroll on the sands. *Amongst the beauties you see here are the Lincolnshire candidates "Lion Hearted" and "The Wheedler"; not to mention Merano, Annally, and War Mist * Royal Arch II --

--is amongst the entries for the Grand National. Here they come in a canter. -- I believe hack-canter is the correct term.

The horses welcome this as a change from ordinary routine. *\formall In fact they don't like getting back to training at their proper quarters. *\formall Time and tide wait for no -- horse, --

--so, before the tide comes in Mr. Duller takes care that his precious charges are safely off the Bogner beach.