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(9). TITLE.:- SUN RAY TREATMENT.

Picture.:- "Far fra the madding crowd" these seekers after the benefits of fresh air and sunlight, --

--"spread themselves" for their holiday, untroubled by conventional attie, and its hundred-and-one worries. .... They don't believ --

--in just lazing away the days, Community exercises keep young and old, (as well as the not-so-young and not-so-old) getting th best out of life.

Both sexes take part in the games without any more embarassment than they would experience on the sea-shore in--

--bathing costumes. .... There is little doubt about it being healthy. .... Their motto is, "An air bath a day keeps the doctor away" - and it looks as though it might well be true !

They are not above a little "scrumping", and the apple trees suffer accordingly. .... I feel it in my bones that I shall be expected to make some reference to the --

--Garden of Eden, but what's a poor fellow to do when there is more than one Eve present ? .... I know ! .... Hep it ! .....

AND SO, FOR THE PRESENT, I LEAVE YOU !