

201521

TEACHING TEACHERS

ARMY PHYSICAL TRAINING SCHOOL.

Picture:- The Army Physical Training School, Aldershot. Non-commissioned officer students receive special instruction from fully fledged instructors. In fact, it's a case of teachers teaching teachers. The first work of the day is exercises for flexibility.

(EFFECTS)

The medicine ball is brought into use. This is a sort of competition. The row which passes the ball the quickest is considered to be the best. (EFFECTS)

Hand springs over a vaulting horse are a severe test of this flexibility, and of confidence in coming down the right side up. These are short-time students. At the moment they are being watched by the advanced members of the School. The advanced pupils now demonstrate ground somersaults, and what-nots. From this routine instruction, it is obvious that many of them are already accomplished gymnasts.

And here is the whole class in high vaulting horse display. A remarkable show of discipline, agility and speed. (EFFECTS)

It looks as though they're determined to break the record, or their necks. And that's the way they make their dates - strictly in rotation.