1/6/56.

Units of the St John Ambulance Brigade were on parade at the White City in London to start off the Cavalcade of Sport organised by the Daily Mirror. Proceeds were being shared by the Brigade and the Appeals Committee of the British Olympic Association

In the women's track events --- No. 7 was Diane Leather, the first girl to beat five minutes for the mile --- but this time she was best en by Phyllis Perkins.

Then There was a crazy cricket match between Surrey and Leciestershire.

And six-a-side occer between Cup-winning Manchester City and a star team of Londoners.

Here comes a goal for Manchester

The show-jumping side of this sporting cavalcade was in the capable hands of Pat Smythe --- whom we all congratulate on her O.B.E., in the Birthday Honours.

And the show wound up with fireworks.